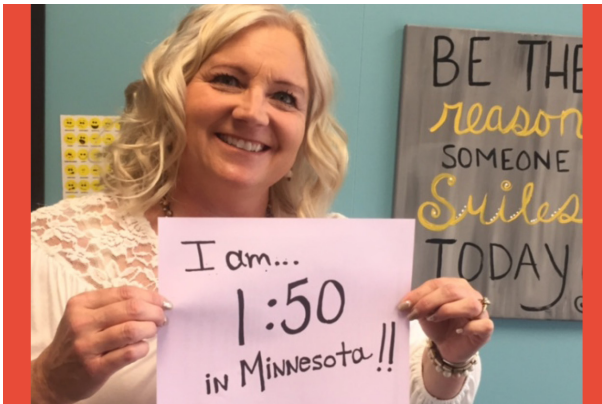


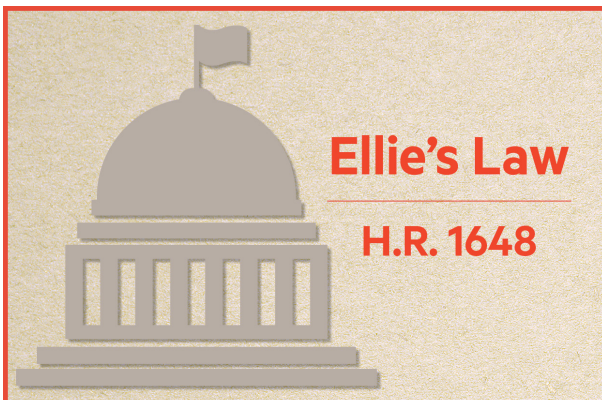


## Survivor from Minnesota Shares Her Story



Jennifer Hey, a middle school counselor, wife, and mother of two who lives in the small town of Marshall, Minnesota, suffered a ruptured aneurysm in May 2016. Jennifer underwent endovascular treatment, recovered quickly, and was able to return to work last fall, with relatively few lingering issues. She shared her story recently on our "1 in 50" blog. Read Jennifer's story [here](#).

## Ellie's Law: Help Support Brain Aneurysm Research Funding



Please help us get Ellie's Law passed. Write now to your representative in the U.S. House of Representatives to encourage him or her to co-sponsor H.R. 1648 — the Ellie Helton, Lisa Colagrossi, Teresa Anne Lawrence, and Jennifer Sedney Focused Research Act, also known as "Ellie's Law." This bipartisan bill provides funding (\$25 million) to the National Institute of Neurological Disorders and Stroke for research aimed at effectively managing and treating unruptured brain aneurysms. A template for a letter to your representative is [here](#).

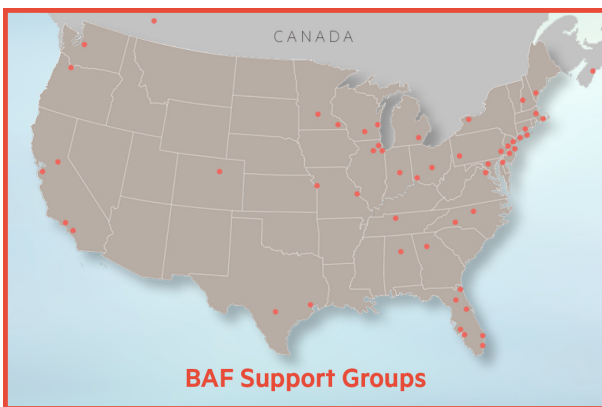


FIND AN EVENT NEAR YOU

The BAF Event Season is underway!

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## Support Groups in Your Area



The BAF has more than 60 support groups throughout the United States and Canada. These groups provide vital support, information, and resources to survivors, caregivers, and other loved ones. Led by healthcare professionals and other experts, support group topics may include: brain aneurysm basics, treatments, recovery, rehabilitation, finances and legal matters, and much more. To find a support group in your area, click [here](#).

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## Dealing with Depression



Depression is very common among survivors, whether you suffered a ruptured aneurysm or were treated for an unruptured aneurysm. Depression may be caused by the aneurysm itself and also by the many life changes that may occur as a result of the aneurysm. But there is no need to suffer in silence.

[Here](#) are some suggestions for dealing with depression.